

## Timeless Truths for Everyday Living











## **Timeless Truths for Everyday Living**

Volume E1, Issue 1

Read all the maxims in this handout. Which ones speak to you?

E1.1. I	- Albert Einstein, German-born physicist, Nobel Prize-winning formulator of the theory of relativity, and peace advocate (1879-1955)
E1.1.2	When life gets you down do you wanna know what you've gotta do? Just keep swimming. Just keep swimming, swimming, swimming.  - Dory from Finding Nemo
E1.1.3	Admitting that you were wrong is just another way of saying that you are wiser today than yesterday.  - Unknown
E1.1.4	When one helps another, both gain in strength.  - Ecuadorian proverb
E1.1.5	You really can change the world if you care enough.  - Marian Wright Edelman, African-American lawyer, civil rights activist, and founder of the Children's Defense Fund (b. 1939)
E1.1.6	No matter how much you know, there's always more to learn.  - Michael Josephson, American ethicist, author, radio commentator, and founder of CHARACTER COUNTS! and the Josephson Institute (b. 1942)
E1.1.7	Actions speak louder than words.  - American proverb
E1.1.8	Beauty is in the eye of the beholder.  – Margaret Wolfe Hungerford, Irish writer (1855-1897) (from <i>Molly Bawn</i> )
 E1.1.9	Plenty of people miss their share of happiness, not because they never found it, but because they didn't stop to enjoy it.  - William Feather, American writer (1889-1981)
 <sub>E1 1</sub> 1Ω	Action is the antidote to despair.



- Joan Baez, American folk singer (b. 1941)







E1.1.11	Don't cry because it's over. Smile because it happened.  - Dr. Seuss, pen name of Theodor Seuss Geisel, American author and illustrator of children's books (1904-1991)
E1.1.12	Hope for the best and prepare for the worst.  - Thomas Norton, English poet and politician (1532-1584)
e1.1.13	No one has ever become poor by giving.  - Anne Frank, Jewish girl who kept a diary while hiding from the Nazis during World War II (1929-1945)
E1.1.14	It matters not what someone is born, but what they grow to be!  - Professor Dumbledore, in Harry Potter and the Goblet of Fire
E1.1.15	A friend in need is a friend indeed.  - Quintus Ennius, Roman poet (239-169 B.C.)
<sub>-1</sub> , 16	Everyone has an opportunity to be great because everyone has an
E1.1. T O	opportunity to serve.
	- Martin Luther King, Jr., African-American minister and Nobel Prize-winning leader of the civil rights movement (1929-1968)
E1.1.17	If we had no winter, the spring would not be so pleasant.  - Anne Bradstreet, American poet (c. 1612-1672)
E1.1.18	Do or do not. There is no try.  - Yoda, in Star Wars: The Empire Strikes Back
E1.1.19	Don't judge a book by its cover.  - English proverb
E1.1.20	If at first you don't succeed, try, try again. If at first you do succeed, try something harder.  - Unknown
e1.1.21	You can't unscramble eggs.  – John Pierpont Morgan, American financier (1837-1913)
E1.1.22	Think forward! Concentrate on who you want to be and where you want

to go, not on who you were or where you've been.

- Michael Josephson, American ethicist, author, radio commentator, and founder of CHARACTER COUNTS! and the Josephson Institute (b. 1942)









E1.1.23	Honesty is the best policy.  – Miguel de Cervantes, Spanish author (1547-1616) (from Don Quixote)
E1.1.24	When spider webs unite they can tie up a lion.  - Ethiopian proverb
 e1.1.25	I meant what I said, and I said what I meant. An elephant's faithful, one hundred percent.  - Dr. Seuss, pen name of Theodor Seuss Geisel, American author and illustrator of children's books (1904-1991) (from Horton Hatches the Egg)
E1.1.26	Don't count your chickens before they are hatched.  - Aesop, legendary Greek author of fables (6th century B.C.)
E1.1.27	We hate some persons because we do not know them, and will not know them because we hate them.  - Charles Caleb Colton, British clergyman and author (c. 1780-1832)
E1.1.28	An ant on the move does more than a dozing ox.  - Mexican proverb
E1.1.29	There's a hero in all of us, that keeps us honest, gives us strength, makes us noble, and finally allows us to [live] with pride.  - Aunt May Parker, in Spider-Man 2
E1.1.30	It takes less time to do a thing right than to explain why you did it wrong.  - Henry Wadsworth Longfellow, American poet (1807-1882)

**GLOSSARY** 

 $\textbf{antidote}-\mathsf{cure}$ 

**beholder** – person who looks

**despair** – misery, gloom

dozing – sleeping

**noble** – dignified

opportunity - chance

 $Foundations\ for\ Life\ is\ a\ national\ program\ of\ the\ Josephson\ Institute\ and\ its\ CHARACTER\ COUNTS!\ project.$ 







